

SI PANCRAS SPA TARIFF

SPA JOURNEYS	$\mathbb{Z}$	М—Т	F—S
Journey to An English Garden	150	£265	£295
Journey to Indonesia	150	£265	£295
Journey to Inner Strength	120	£205	£ <b>225</b>
Journey to Africa	90	£155	£175

SPA PACKAGES	$\mathbb{Z}$	М—Т	F—S
Time Traveller	60	£110	£120
Ticket to TranquiLlity	60	£110	£120
Arrive and Revive		£110	
Arrive and RELAX	90	£150	£170
High Time for Tea Time Add £10pp for Champagne afternoon tea. (Available Monday to Thursday only)	60	£135	
Lunch Escape	60	£140	£150

MASSAGES	R	М—Т	F—S
Hot Stone Massage	45	£ <b>75</b>	£80
	90	£160	£160
Hot Salt Rock	60	£120	£130
The Ultimate Aromatherapy Experience	60	£110	£120
	90	£155	£170
Ultimate Mum-to-be Massage	60	£110	£120
	90	£155	£170
Muscle Release	60	£115	£125
	90	£155	£175
Tonifying Indian Ayurvedic	60	£115	£125
WELLBEING	X	М—Т	F—S
We Relax	60	£115	£125
We De-stress	60	£115	£125
We Strengthen	60	£115	£125
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FACIALS	$\mathbb{Z}$	М—Т	F—S
Ultimate Aromatherapy	60	£110	£125
Associates Facial	90	£155	£175
Precious Ko Bi Do Fountain	60	£110	£125
of Youth Facial	90	£155	£175
Ideal Carita Solutions	60	£130	£140
CINETIC FACIALS	X	м—т	F—S
Sculpting Gold Perfection Facial			
Sculpting Gold Perfection Facial	90	£190	£200
Sculpting Gold Perfection Facial	90 120	£190 £240	
Sculpting Gold Perfection Facial  Lifting & Firming Youth Enhancing			£250
	120	£240	£250

HAND & FOOT	$\blacksquare$	М—Т	F—S
St Pancras Pedicure	60	£70	
St Pancras Manicure	45	£55	

All hand and foot treatments exclude use of facilities. A facility pass is the perfect way to enhance your day.

MEN'S TREATMENTS	X	М—Т	F—S
The Refinery Ultimate Face And Body Treatment	90	£150	£170
Intensive Muscle Release	60	£115	£125
	90	£155	£175
The Refinery Essential Facial	60	£105	£120

TREATMENT ADDITIONS	X	М—Т	F—S
Express Essential Facial	30	£60	£70
Intensely Nourishing Mud Scalp Massage	30	£60	£70
Eye Lift Treatment	30	£60	£70
Invigorating Salt Scrub	30	£60	£70
Back, Neck and Shoulder Massage	30	£60	£70

FACILITY PASS	X	М—Т	F—S
Spa Day Pass	240	£60	_

With a Spa Day Pass, you may also enjoy our facilities without treatment, for 4 relaxing hours between 9am and 6pm, Monday—Thursday (subject to availability). Full use of spa facilities is complimentary with treatments of 60 minutes or more (excluding hand and foot treatments).

## **OPENING TIMES**

	Monday—Sunday
Spa and Treatments	9am—9pm
Gym	24hrs (10am—4pm for non hotel residents, excluding members)
Swimming Pool	6am—11pm (9am—6pm for non hotel residents, excluding members)
Children's swimming hours	8am—10am 2pm—4pm

## **RESERVATIONS**

For spa reservations please call directly from your room or visit the spa reception in person. For external spa reservations please email or telephone using the contact details below.

We highly recommend you book in advance to secure preferred appointment times and treatments. If you are not a guest of St Pancras Renaissance Hotel, a credit card will be required to hold your reservation.

All prices, treatments and information are current at the time of distribution and are subject to revision without notice.

Bank holidays are subject to Friday to Sunday prices.

St Pancras Renaissance Hotel, Euston Road, London NW1 2AR  $\,$ 

Telephone: +44 (0)20 7841 3578

 ${\it Email: spa.stpancras@renaissancehotels.com}$ 

www.stpancraslondon.com/en/spa/